

### Abstract Of The Disclosure

A method for operating multimedia and/or telematics services and associated user interfaces in a motor vehicle, featuring speed-dependent control of the selection of the services and of the representation of the services at the user interfaces. A speedometer-coupled service management unit controls automatic adaptation of the representation and use of the services in a manner adapted to the instantaneous speed of the motor vehicle. This reduces stress on the driver, the risk of accident, and increases convenience.